



Undergraduate Personal Statement Guidance September 2025 Entry

All applicants

You are required to submit a personal statement as part of the application form. Your personal statement should reflect who you are as a person and should include the following:

- Why you want to train at Central School of Ballet
- Any training or performance highlights (e.g school/college shows)
- Performances you have seen
- Any awards or scholarships

You can submit this in a way that feels most accessible to you:

- Written [500 words max.]
- YouTube video [3 mins max.]
- Audio file [3 mins max.]

Please ensure the information you share is in your own voice.

Year 2 and Year 3 Direct Entry Applicants Only

In addition to the above, you are required to provide a second statement. This must include further details about your experience in the areas outlined below, which are required for approval to Direct Entry:

- Choreography
- Dance Improvisation
- Dance History
- Anatomy
- Nutrition
- Pilates
- Goal Setting
- Supplementary Training (i.e Exercise Programmes)

You can submit this in a way that feels most accessible to you:

- Written [500 words max.]
- YouTube video [3 mins max.]
- Audio file [3 mins max.]